



The Art of _____ _____ Staying Light

Saturdays | 11:00am -12:00pm

Toronto Airport Interfaith Centre

at Canada arrivals, across from door A, besides Tim Hortons
Arrivals level 1, Terminal 1
Toronto Pearson International Airport

Join us for these light, interactive sessions designed to lighten the mind, shift the perspective, and deepen the peace within.

Presented by the Brahma Kumaris
3000 Islington Avenue
Toronto, ON M9L 2L1

Phone: 416-537-3034
Website: toronto.brahmakumaris.ca
Follow us @bk_toronto
Facebook: BrahmaKumaris Toronto

This program is offered **free of charge**
as a community service.

July 15

The Soul Awakened

July 22

The Language of Feelings

July 29

The Beauty of Higher Self



BRAHMA KUMARIS