

# Feeling Great

No Matter What  
Fridays | 7:00pm - 8:30pm

- Transform the way you experience, think and feel life,
- Let go of fears and find your inner strengths
- Understand the power of your true identity and reclaim your dignity

**July 7:**  
The Healing Power of  
Happiness

**July 14:**  
The Gift of Peace

**July 21:**  
Self-Management

**July 28:**  
Awaken Your Inner Wisdom

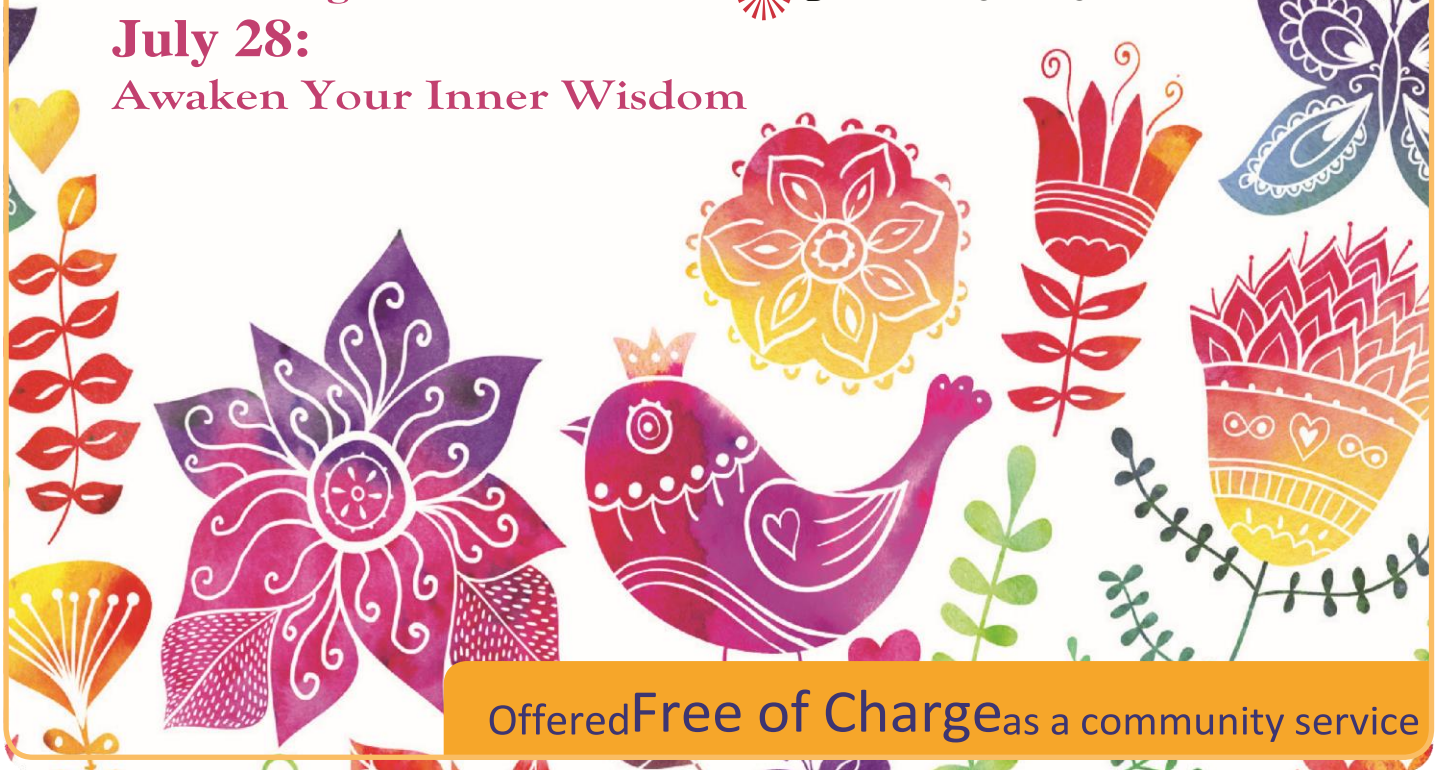
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